

### My Sharings

In this study tour, I have learnt a lot of things.

Firstly, I learnt how to take care of myself. When I feel not well, I will take a deep breath and drink more water. I will calm down too.

Secondly, I learnt how to speak English confidently. In Hong Kong, I seldom speak in English class. In Australia, everyone arounds

you speaks English. So you have to speak loudly and clearly. I was afraid of foreigners before I came to Australia. But now, I am not afraid of them and I think they are polite.

Thirdly, I learnt how to focus. In Hong Kong, the teacher speaks cantonese if you don't understand what he means. In Australia, teacher don't speak cantonese. Most of time, I am confused what the teacher means. So I have to be really focus.

When I am focus, I can understand most of what teacher says.

Fourthly, I learnt ... to sleep early. In Hong Kong, there are a lot of homeworks. I usually sleep at around 10 o'clock. In Australia, I feel nothing to do after I took bath and brushed my teeth. I won't play my phone. I think I should sleep early and wake

up early on the next day.

Lastly, I learnt how to wash clothes. It is very important for me. I hate dirty and smelly things. If I don't know how to wash clothes, I will wear a dirty cloth everyday. I will faint soon.

In a word, I learnt a lot of things in this study tour. Just like culture, environment, language, et cetera. I wish I could join this study tour next year! =)